

# Risk-Free Guarantee

## What Is It?

Let's face it... finding the "right" therapist – someone you trust, someone who understands your unique challenges and issues, and someone who is competent – is no easy task. The whole experience can be overwhelming, time-consuming AND often a waste of money.

Unfortunately with Google searches, you never really know if you've found a "good" therapist until you meet with him (or her) in person and ask a few important questions. True what they say: *"seeing is believing."*

**Hence, the "risk-free" first session.**

It's an opportunity for clients to come in "risk free" and get answers to three critical questions:

1. *Is this therapist someone I can trust?*
2. *Does he truly understand my unique set of challenges?*
3. *Will he be able to help me?*

As a practical psychologist, my goal is to add as much value as possible in terms of creating *lasting, positive change* for my clients. Hopefully by the end of the first session, you will feel confident in my approach and will want to continue with therapy.

However, if you decide not to return for a second session (for any reason!) your first session is absolutely FREE. You only pay if you're completely happy with the first session and choose to continue (i.e. you come back for a second session).

### **Please Note:**

A "risk-free" session is NOT the same as a "money free" session. Again, the first session is *only free if you decide not to return*.

## Questions?

Feel free to reach out –  
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